

Open Gym

*Open Gym for 5 years and up will be held every Friday from 5:30-7:30 p.m.

*Open Gym for Parents and Toddlers will be held every Friday from

10:30 a.m.-12 p.m.

*Cheer Tumbling and Teen Open Gym will be held every Wednesday from

7:00-9:00 p.m.

Cost for all open gyms: \$10

Private Lessons available upon request.

Class Prices

Tuition is due on a monthly basis

\$25 Registration fee is due per child, with a \$5 discount for each additional child. \$65 max per family. **10% off of monthly tuition for each additional child or class.**

Parent/Pup - 45 minutes	\$35 per month
Preschool - 45 minutes	\$35 per month
Tutus & Tumbling - 60 minutes	\$40 per month
Kindergarten - 60 minutes	\$40 per month
Boys' Beginner - 60 minutes	\$40 per month
Girls' Beginner - 60 minutes	\$40 per month
Cheer Tumbling - 90 minutes	\$55 per month
Intermediate A - 90 minutes	\$55 per month
Intermediate B - 120 minutes	\$70 per month

Tuition payments are due by the 15th of every month. A \$10 late fee will be assessed on the 16th of every month.

****A cancellation fee applies if you drop class before session is complete.**

BIRTHDAY PARTIES

Have your child's next birthday party with us!

Spend an hour and half in the gym with our qualified instructors and continue the rest of your party in our birthday party area.

Birthday parties are held Saturday afternoons and Sunday late morning and afternoons. There are a variety of times to choose from.

Saturday Party Times

12:30-2:30 p.m.

3:00-5:00 p.m.

Sunday Party Times

1:00-3:00 p.m.

3:30-5:30 p.m.

2 hour parties cost \$175, with a \$50 non-refundable deposit due at the time of booking. For more information, call or email Lisa.

Closure Dates

September 4th-Labor Day

November 22-26th

December 25th-January 3, 2018

April 2-7, 2018

May 28, 2018 Memorial Day

Last classes of session:

May 24th, 25th, 26th, 29th, 30th & June 4th, 2018

(Snow Make Up Days if needed)

May 31st, & June 2nd

***If there is a class you don't see on the schedule but would like to and you have friends that would like to join, see Lisa and we'll try to add it to our schedule!**

MAXIMUM GYMNASTIX

7851 Spring Arbor Rd. * Spring Arbor, MI 49283

(517) 539-8964 / (517) 554-0763

Email Lisa at coachld9296@gmail.com

www.facebook.com/dgymnastics



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2017-2018 CLASS SCHEDULE AND PRICE LIST

Classes begin August 21, 2017 and go
until June 4, 2018



Like us on

Facebook

Maximum Gymnastix is a nurturing facility that believes in teaching each child, not each class. Our teachers take time to teach each individual child gymnastics in a loving environment. Our goal is to make sure your little athlete walks away with the love of the sport and so much more!

Class Times

Monday

Preschool	9 a.m.-9:45 a.m.
Parent/Pup	10 a.m.-10:45 a.m.
Kindergarten	4:00-5:00 p.m.
Boys Beginner	4:30-5:30 p.m.
Girls Beginner	5:00-6:00 p.m.
Girls Beginner	6:00-7:00 p.m.
Intermediate A	4:30-6:00 p.m.
Intermediate B	6:00-8:00 p.m.

Tuesday

Kindergarten	4:00-5:00 p.m.
Girls Beginner	4:00-5:00 p.m.
Preschool	5:00-5:45 p.m.
Intermediate A	5:00-6:30 p.m.
Parent/Pup	5:30-6:15 p.m.
Girls Beginner	6:00-7:00 p.m.
Cheer & Tumbling	6:30-8:00 p.m.

Wednesday

Kindergarten	3:00-4:00 p.m.
Girls Beginner	4:00-5:00 p.m.
Boys Beginner	4:30-5:30 p.m.
Girls Beginner	5:00-6:00 p.m.

Wednesday (Continued)

Girls Beginner	6:00-7:00 p.m.
Intermediate A	5:30-7:00 p.m.

Thursday

Preschool	9:00-9:45 a.m.
Tutus & Tumbling	10:00-11:00 a.m.
Kindergarten	11:00-12:00 a.m.
Kindergarten	5:00-6:00 p.m.
Girls Beginner	4:00-5:00 p.m.
Parent/Pup	5:45-6:30 p.m.
Girls Beginner	6:00-7:00 p.m.
Intermediate A	4:30-6:00 p.m.
Intermediate B	6:00-8:00 p.m.

Friday

Girls Beginner	4:30-5:30 p.m.
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Saturday

Preschool	9:15 a.m.-10:00 a.m.
Parent/Pup	11:15 a.m.-12:00 p.m.
Kindergarten	10:00 a.m.-11:00 a.m.
Girls Beginner	10:00 a.m.-11:00 a.m.
Girls Beginner	11:00 a.m.-12:00 p.m.
Intermediate A	10:00 a.m.-11:30 a.m.



Explanation of Classes

Parent/Pup Age: Walking to 2-1/2 years

Parent and child partake in obstacle courses that are set up to teach basic motor skills and very basic gymnastics skills.

Preschool Age: 3-4 years old

Students use obstacle courses to learn motor skills, work on coordination, and basic gymnastics skills. Students also learn to follow directions and work with others of their own age.

Tutus & Tumbling Ages 3-5 years old

Learn basic dance skills/positions while also learning basic gymnastics skills.

Kindergarten Age: 4-5 years old

Students use obstacle courses, while also perfecting basic gymnastics skills. This class is geared towards preparing students for Beginner level classes.

Beginner Age 6 and up

Students are placed in groups according to age and ability and taught how to perform and perfect basic gymnastic skills on the vault, bars, beam, and floor.

Intermediate A and B Age 6 and up

Students have perfected beginner skills in order to advance to this class and learn more complicated skills and some work towards competition level gymnastics.

Cheer & Tumbling Age 6 and up

Work on specific stretches, jumps, conditioning, and tumbling needed just for cheer and/or dance.

Owner/Director Lisa Dobbins-Nye has been involved in gymnastics for 38 years, entering into her 32nd year of teaching gymnastics. Head Coach of 1996 Runner-up State Team Portage Northern/Central Gymnastics Team, along with 8 All American Gymnasts. Coach of 6 Massachusetts State Champions. Graduate of Western Michigan University with a Bachelor's in Exercise Science, Masters in Athletic Administration. USAG Safety Certified and Registered Member. First Aid/CPR Certified.