

Maximum Gymnastix is a nurturing facility that believes in teaching each child, not each class. Our teachers take time to teach each individual child gymnastics in a loving environment. Our goal is to make sure your little athlete walks away with the love of the sport and so much more!

## Class Times

### **Monday**

Preschool	10 a.m.-10:45 a.m.
Parent/Pup	11 a.m.-11:45 a.m.
Girls Beginner	11 a.m.-12:00 p.m.
Kindergarten	4:00-5:00 p.m.
Boys Beginner	4:30-5:30 p.m.
Girls Beginner	5:00-6:00 p.m.
Girls Beginner	6:00-7:00 p.m.
Intermediate A	5:30-7:00 p.m.

### **Tuesday**

Kindergarten	5:00-6:00 p.m.
Girls Beginner	5:00-6:00 p.m.
Preschool	6:00-6:45 p.m.
Parent/Pup	6:15-7:00 p.m.
Girls Beginner	6:00-7:00 p.m.
Intermediate B	5:30-7:30 p.m.
Cheer Tumbling	6:00-7:30 p.m.

### **Wednesday**

Girls Beginner	4:00-5:00 p.m.
Boys Beginner	4:30-5:30 p.m.
Intermediate B	4:30-6:30 p.m.
Intermediate A	5:00-6:30 p.m.
Girls Beginner	5:30-6:30 p.m.
Kindergarten	6:00-7:00 p.m.

### **Thursday**

Girls Beginner	4:00-5:00 p.m.
Preschool	5:00-5:45 p.m.
Intermediate A	5:30-7:00 p.m.
Parent/Pup	6:15-7:00 p.m.
Kindergarten	6:00-7:00 p.m.
Girls Beginner	6:00-7:00 p.m.
H.S Gymnastics	7:00-9:00 p.m.

### **Friday**

Girls Beginner	4:30-5:30 p.m.
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## Summer Camp

### **4 day camps**

June 12, 13, 14, 15

June 19, 20, 21, 22

June 26, 27, 28, 29

July 10, 11, 12, 13

July 17, 18, 19, 20

July 24, 25, 26, 27

July 31, August 1, 2, 3

August 7, 8, 9, 10

August 14, 15, 16, 17

9:00 a.m.-12:00 p.m. \$50

9:00 a.m.-3:00 p.m. \$100

All day summer camp will have different levels of gymnastics and other various activities. Every week will be filled with fun and exciting activities!

Those that attend all day need to bring a sack lunch!

## Explanation of Classes

**Parent/Pup Age: Walking to 2-1/2 years**

Parent and child partake in obstacle courses that are set up to teach basic motor skills and very basic gymnastics skills.

**Preschool Age: 3-4 years old**

Students use obstacle courses to learn motor skills, work on coordination, and basic gymnastics skills. Students also learn to follow directions and work with others of their own age.

**Kindergarten Age: 4-5 years old**

Students use obstacle courses, while also perfecting basic gymnastics skills. This class is geared towards preparing students for Beginner level classes.

**Beginner Age 6 and up**

Students are placed in groups according to age and ability and taught how to perform and perfect basic gymnastic skills on the vault, bars, beam, and floor.

**Intermediate A and B Age 6 and up**

Students have perfected beginner skills in order to advance to this class and learn more complicated skills and some work towards competition level gymnastics.

**Don't forget to "like" us on Facebook!**

**\*\*Private lessons are available by request\*\***

## Open Gym

\*Open Gym for 5 years and up will be held on the following Friday's from 5:30-7:30 p.m

6/23, 6/30, 7/14, 7/21, 7/28, 8/4, 8/11, 8/18

\*Open Gym for Parents and Toddlers will be held the following Friday's from 10:30 a.m.-12 noon

6/23, 6/30, 7/14, 7/21, 7/28, 8/4, 8/11, 8/18

\*Cheer tumbling and Teen Open Gym will be held on the following Wednesday's from 7:00-9:00 p.m.

6/21, 6/28, 7/12, 7/19, 7/26, 8/2, 8/9, 8/16

All open gyms cost \$10 per person

\*\*Waiver/Registration Form must be filled out by parent or guardian before participation.

\*Regular classes & open gyms begin again  
Wednesday, August 23rd

### Summer Class Prices

Parent/Pup - 45 minutes	\$62 for session
Preschool - 45 minutes	\$62 for session
Kindergarten - 60 minutes	\$70 for session
Boys' Beginner - 60 minutes	\$70 for session
Girls' Beginner - 60 minutes	\$70 for session
Intermediate A - 90 minutes	\$97 for session
Intermediate B - 120 minutes	\$123 for session
HS Gymnastics - 120 minutes	\$123 for session
Cheer Tumbling - 90 minutes	\$97 for session

Summer Tuition is paid in full for classes. If you choose to pay monthly, add \$5 per student, per month for a processing fee if you break in to 2 payments-Each payment due July 15th and August 15th.

**No registration fee for Summer Session**

## BIRTHDAY PARTIES

Have your child's next birthday party with us!

Spend an hour and half in the gym with our qualified instructors and continue the rest of your party in our birthday party area .

Birthday parties are held Saturday afternoons and Sunday late morning and afternoons. There are a variety of times to choose from.

### Saturday Party Times

12:30-2:30 p.m.

3:00-5:00 p.m.

### Sunday Party Times

11:00 a.m.-1:00 p.m.

1:30-3:30 p.m.

4:00-6:00 p.m.

2 hour parties cost \$175, with a non-refundable \$50 deposit due at the time of booking. For more information, call or email Lisa.

Located in the Village Crossing in  
Spring Arbor



# Maximum GYMNASTIX

## 2017 Summer Camps & Class Schedule

7 week class session  
June 26th though August 18th  
(Break in class the week of July 3-6)

9 weeks of 1/2 Day and Full Day Summer  
Camp

7851 Spring Arbor Rd., Ste#31 \* Spring Arbor, MI 49283  
(517) 539-8964 / (517) 554-0763

For more information, email Lisa at  
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